

**U.S. Air
Force**

Did You Know?

Hemp-Based Products

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Hemp contains trace amounts of THC, the psychoactive ingredient also found in marijuana, classified alongside heroin and LSD as a Schedule I drug under federal law. The Air Force, as part of its anti-drug policy, added hemp seed oil products and hemp seed to a list of forbidden substances in 1999.



Warning: Check labels carefully.
STRONG & KIND bars contain hemp seeds.



Information and graphics taken from <http://www.kindsnacks.com/store/>

Air Force military members should be mindful that products containing hemp seeds can be found at health food stores and commissaries located on military bases. Therefore the best policy for Airmen to follow is to be vigilant about what they put into their body. A good practice is to read product labels prior to consumption to see whether the product contains hemp seed or hemp seed oil.

The Air Force has a long-standing policy in place that prohibits military members from ingesting any product, regardless of manufacturer, that contains or is derived from hemp seed or hemp seed oil.

The prohibition is explained in Air Force Instruction 90-507 paragraph 1.1.6, which states, "Studies have shown that products made with hemp seed and hemp seed oil may contain varying levels of tetrahydrocannabinol (THC), an active ingredient of marijuana, which is detectable under the Air Force Drug Testing Program. In order to ensure military readiness, the ingestion of products containing or products derived from hemp seed or hemp seed oil is prohibited. Failure to comply with the mandatory provisions of this paragraph by military personnel is a violation of Article 92, UCMJ. Violations may result in administrative disciplinary action without regard to otherwise applicable criminal or civil sanctions for violations of related laws.

Each military member is individually responsible for ensuring he or she is compliant with this policy, and failure to do so is a violation of Article 92 of the UCMJ. If an Airman is found to have consumed hemp seeds or oil, they can be punished for disobeying the regulation. The bad news is that ignorance is no excuse.

Reading labels is the best practice, because the ingredient can be contained in myriad products available in health food stores and throughout consumer markets. Currently, hemp seeds are being added to a variety of foods (such as yogurt, energy bars, etc.), and based on service policies, such products are prohibited.

Source of Information: AFDTL, HPRC, DEA